

A FROST DANCE

E X P E R I E N C E

a personalized dance experience in an exciting and encouraging environment

Winter Weather

With the cooler weather outside, it is ok for students to wear a light sweater into class. As they start dancing they are more than welcome to hang it on the barres until the end of class. Please make sure to label all clothing and footwear coming into the studio. When it comes to boots and jackets there are many that are the same and we don't want the wrong one walking out the door.

Christmas Food Collection

We would like to support our local food banks over the holiday season. From November 19th to December 15th, if you're able to, bring in a nonperishable food item for the food bank. You will have your name entered into a draw for each donation you make. One name will be drawn on December 17th for a studio prize pack.

Dates and Reminders

- Please remember to clean up after yourselves in the change room. There is **ABSOLUTELY NO FOOD ALLOWED** in the change room, so please eat in the lobby or kitchen
- Dress Code is now in effect for all classes. If you're unsure of the dress code there is a copy of it on our website and in the lobby. Please make sure dancers come to class with hair in a pony tail or bun. ***There are no outdoor shoes allowed on the dance floor.***
- Please take off all wet footwear when entering the hallway or stay on the mats provided. We are trying to keep the floor dry so dancers don't have soggy tights or shoes

What to pack in your dance bag

- Appropriate dance attire & shoes for your classes (dress code is available on the website)
- Comb or hair brush
- Hair elastic & 1 for a friend 😊
- If you need a bun: hair pins, hair net, bun maker
- Nut free snack (if needed)
- Warm up clothes (sweater, track pants, etc.)
- Water Bottle or money for water (\$1)

Winter Closures

With winter arriving earlier than usual this year, we need to share our plan of action in case the studio needs to be closed. In the event of bad weather, it may be necessary to cancel classes and close the studio. An email will be sent to parents at 2pm and the phone message for the studio will be changed by 2pm. The studio number is 705-740-0002. Please keep this number handy in case of bad weather. Studio closures will be announced on Twitter, Facebook & Instagram.

Please use your discretion to determine if you will come to class in bad weather. **If you are unable to make it to class for any reason, please leave a message at the studio or by email at dance@frostdance.com.**

Spirit Week

We are ending the year with a studio spirit week, the last week of classes, Monday December 10th to Monday December 19th. Each day will give students a chance to dress up for holiday and studio cheer. Please remember that students must be able to dance in their costumes. If you're unsure of what to wear, you can wear proper dress code or Holiday colours.

Monday Dec 10 th	Colour Block – wear your favourite holiday colours. Red, green, gold, blue, silver etc.
Tuesday Dec 11 th	Snowed in Wednesday – wear your comfiest pair of jammies
Wednesday Dec 12 th	Mismatched Day – try not to match, the crazier the better
Thursday Dec 13 th	Festive Wear – bring out your tacky sweaters, wear Santa hats, antlers, ornaments etc.
Friday Dec 14 th	Studio Colours – wear as much teal, black and white as possible
Saturday Dec 15 th	Santa's Workshop – dress like Santa, elves, toys, trees, reindeer, etc.
Monday Dec 17 th	Twins Day – grab a friend or group and dress alike
Wednesday Dec 19 th	Crazy Hair Day – make your hair as wacky as possible ie) a reindeer bun

Monday December 17th is a makeup class for Thanksgiving and Wednesday December 19th is a makeup for Halloween.

Classes resume on Friday January 4th, 2019.

We would like to wish everyone a safe and happy holiday season!