

A FROST DANCE

E X P E R I E N C E

a personalized dance experience in an exciting and encouraging environment

Halloween Contest Winners

Thank you to everyone who entered the Halloween Colouring contest. We entered each student that participated into a draw by age group. Our winners are **Mini** – Alexa Guppy, **Junior** – Ava Chartrand, **Intermediate** – Holly Heuchert, **Senior** – Kayla Green. Our students have each won an Anniversary T-shirt (students will be given their prize when studio orders come in). Please pick up a new picture at the desk starting November 23rd, to enter into our Winter Colouring Contest.

Winter Weather

With the cooler weather outside, it is ok for students to wear a light sweater into class. As they start dancing they are more than welcome to hang it on the barres until the end of class. Please make sure to label all clothing and footwear coming into the studio. When it comes to boots and jackets there are many that are the same and we don't want the wrong one walking out the door.

Christmas Food Collection

We would like to support our local food banks over the holiday season. From November 27th to December 16th, bring in a nonperishable food item for the food bank. You will have your name entered into a draw for each donation you make. One name will be drawn on December 18th for a studio prize pack.

Dates and Reminders

- Please remember to clean up after yourselves in the change room. There is **ABSOLUTELY NO FOOD ALLOWED** in the change room, so please eat in the lobby or kitchen
- Dress Code is now in effect for all classes. If you're unsure of the dress code there is a copy of it on our website and in the lobby. Please make sure dancers come to class with hair in a pony tail or bun. ***There are no outdoor shoes allowed on the dance floor.***
- Please take off all wet footwear when entering the hallway or stay on the mats provided. We are trying to keep the floor dry so dancers don't have soggy tights or shoes

What to pack in your dance bag

- Appropriate dance attire & shoes for your classes (dress code is available on the website)
- Comb or hair brush
- Hair elastic & 1 for a friend 😊
- If you need a bun: hair pins, hair net, bun maker
- Nut free snack (if needed)
- Warm up clothes (sweater, track pants, etc.)
- Water Bottle or money for water (\$1)

Winter Weather

We never know what Mother Nature will hold for us in the winter, so we have a plan in place just in case. In the event of bad weather, it may be necessary to cancel classes and close the studio. An email will be sent to parents at 2pm and the phone message for the studio will be changed by 2pm. The studio number is 705-740-0002. Please keep this number handy in case of bad weather. Studio closures will be announced on Twitter, Facebook & Instagram.

Please use your discretion to determine if you will come to class in bad weather. **If you are unable to make it to class for any reason, please leave a message at the studio or by email at dance@afrostdance.com.**

Spirit Week

We are ending the year with a studio spirit week, the last week of classes, Monday December 11th to Tuesday December 19th. Each day will give students a chance to dress up for holiday and studio cheer. Please remember that students must be able to dance in their costumes.

Monday Dec 11 th	Santa's Workshop – dress like Santa, elves, toys, trees, reindeer, etc.
Tuesday Dec 12 th	Festive Wear – bring out your tacky sweaters, wear Santa hats, antlers, ornaments etc.
Wednesday Dec 13 th	Crazy Hair Day – make your hair as wacky as possible (ie) a reindeer bun
Thursday Dec 14 th	Studio Colours – wear as much teal, black and white as possible
Friday Dec 15 th	Twins Day – grab a friend or group and dress alike
Saturday Dec 16 th	Colour Block – wear your favourite holiday colours. Red, green, gold, blue, silver etc.
Monday Dec 18 th	Mismatched Day – try not to match, the crazier the better
Tuesday Dec 19 th	Snowed in Tuesday – wear your comfiest pair of jammies

Monday December 18th is a makeup class for Thanksgiving and Tuesday December 19th is a makeup for Halloween.

Classes resume on Friday January 5th, 2018.

We would like to wish everyone a safe and happy holiday season!