

A FROST DANCE

EXPERIENCE

Northcrest Plaza – 184 Marina Blvd.
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2017/2018 SCHEDULE

a personalized dance experience in an exciting and encouraging environment

MONDAY	London	4:00 – 5:00 Intermediate A Acro (8-10)	5:00 – 6:00 Beginner Acro (6-8)	6:00 – 7:00 Intermediate Acro B (10-12)	7:00 – 8:00 Adult Ballet		
	New York	4:00 – 5:00 Intermediate 3,4 Tap	5:00 – 5:30 Int 3,4 Tap Comp	5:30 – 6:30 Senior 3,4 Jazz	6:30 – 7:00 Senior 3,4 Jazz Comp	7:15 – 8:15 Senior 3 Contemporary	8:15 – 8:45 Sr 3 Contemporary Comp
	Paris				7:00 – 8:00 Zumba		
TUESDAY	London	4:00 – 5:00 Intermediate 3,4 Contemporary	5:00 – 5:30 Int 3,4 Contemporary Comp	5:30 – 6:30 Junior 3,4 Jazz (8,9)	6:30 – 7:00 Jr 3,4 Jazz Comp	7:15 – 8:15 Senior 3,4 Musical Theatre	8:15 – 8:45 Sr 3,4 Musical Theatre Comp
	New York	4:00 – 5:00 Senior 3,4 Tap	5:00 – 5:30 Senior 3,4 Tap Comp	5:30 – 6:30 Int Foundation Ballet FULL	6:30 – 7:00 Int Found Ballet Comp	7:15 – 8:15 Senior 1,2 Tap	8:15 – 8:45 Senior 1,2 Tap Comp
	Paris	4:00 – 5:00 Junior 3,4 Musical Theatre (8,9)	5:00 – 5:30 Junior 3,4 Musical Theatre Comp	5:30 – 6:30 Intermediate 1,2 Musical Theatre	6:30 – 7:00 Int 1,2 Musical Theatre Comp	7:00 – 8:00 Intermediate/Senior Hip Hop	8:00 – 8:30 Int/Sr Hip Hop Comp
WEDNESDAY	London	4:00 – 4:45 Beginner/Intermediate Pointe	4:45 – 5:45 Intermediate 3,4 Jazz	5:45 – 6:15 Int 3,4 Jazz Comp	6:30 – 7:30 Intermediate 1,2 Contemporary	7:30 – 8:00 Int 1,2 Contemporary Comp	8:00 – 8:45 Adult Tap
	New York	4:00 – 5:00 Junior 3,4 Ballet (8-10)	5:00 – 6:00 Senior 4 Contemporary	6:00 – 6:30 Senior 4 Contemporary Comp	6:45 – 7:45 Advanced Ballet	7:45 – 8:15 Adv Ballet Comp	8:15 – 8:45 Advanced Pointe
	Paris	4:00 – 5:00 Intermediate Hip Hop	5:00 – 5:30 Int Hip Hop Comp	5:30 – 6:00 Mini Hip Hop (5) FULL	6:00 – 6:45 Junior 1,2 Hip Hop (6,7) FULL	6:45 – 7:30 Junior 3,4 Hip Hop (8,9)	7:30 – 8:30 Advanced Acro FULL
THURSDAY	London	4:00 – 5:00 Intermediate 1,2 Jazz	5:00 – 5:30 Intermediate 1,2 Jazz Comp	5:30 – 6:30 Intermediate 3,4 Musical Theatre	6:30 – 7:00 Int 3,4 Musical Theatre Comp	7:15 – 8:15 Senior 1,2 Jazz	8:15 – 8:45 Senior 1,2 Jazz Comp
	New York	4:00 – 5:00 Junior 3,4 Tap (8,9)	5:00 – 5:30 Twirling Tots (3) FULL	5:30 – 6:15 Junior 1,2 Jazz	6:15 – 7:00 Junior 1,2 Ballet	7:00 – 8:00 Grade 5 Ballet FULL	8:00 – 8:30 Grade 5 Ballet Comp
	Paris	4:00 – 5:00 Teen Ballet	5:00 – 6:00 Senior Hip Hop	6:00 – 6:30 Senior Hip Hop Comp	6:30 – 7:30 Intermediate 1,2 Tap	7:30 – 8:15 Dancefit for Adults	
FRIDAY	London			5:45 – 6:45 Junior Musical Theatre (7,8)			
	New York	4:00 – 5:00 Senior 1,2 Contemporary FULL	5:00 – 5:30 Senior 1,2 Contemporary Comp	5:30 – 6:15 Creative Movement (4,5) FULL	6:30 – 7:30 Senior 1,2 Musical Theatre FULL	7:30 – 8:00 Senior 1,2 Musical Theatre Comp	
	Paris						
SATURDAY	London	9:30 – 10:15 Primary Ballet (5) FULL	10:15 – 10:45 Twirling Tots (3)	10:45 – 11:15 Mini Jazz (4,5)	11:30 – 12:30 Junior 4 Ballet (9-10)	12:30 – 1:00 Junior 4 Ballet Comp	
	New York	9:30 – 10:15 Creative Movement (4)	10:15 – 10:45 Mini Tap (4,5)	11:00 – 11:45 Junior 1,2 Ballet (6,7)	11:45 – 12:30 Junior 3 Ballet (7-9)	12:30 – 1:00 Junior 3 Ballet Comp	
	Paris						

Schedule is subject to change, a class must have 3 dancers to run