

A FROST DANCE

E X P E R I E N C E

a personalized dance experience in an exciting and encouraging environment

Showcase is Here!!

Showcase is a chance for our students to get used to performing on stage before we go out and compete as a team. Showcase, will be held at Thomas A Stewart Secondary School, on **Sunday February 11th**.

It is a good idea to use the Showcase as a warm up for competition. So a week before the show make a list and see if there's anything you need to purchase ie. make up, eye lashes, hair net etc. Then the night before set out all of your costumes, tights, head pieces, shoes, hair, make up, and your A Frost studio wear, so you're set for the next day. The day of, pack a snack and lots of water and you're all set. It's a good idea to make part of this your child's responsibility, but maybe double check their bags before you leave in case they've forgotten anything.

During rehearsals, parents and students are welcome to watch from the audience. Please be quiet and respectful of the dancers rehearsing. We will clear the audience out at 1pm to get ready to open the doors at 1:30pm. At this time, all dancers in the audience will be asked to wait backstage to get ready for the show.

If you would like your competitive music to practice at home, please bring in a USB drive and we can download it for you or you can request it by email at dance@afrostdance.com.

With the competitive season right around the corner, please remember how important it is to attend every class. Please keep absenteeism to a minimum, remember – your teacher and team depends on you!

Showcase - -- Sunday, Feb 11th 2:00pm at Thomas A Stewart Secondary School

- ✓ Students are required to be at **TASS** before the show for a rehearsal. It is not necessary for students to be at the school the whole day. The attached schedule is **not the show run**. The show run will be available closer to the date of the show.
- ✓ *Dancers may leave after they have rehearsed. Please be back at TASS, backstage, by 1:15pm.*
- ✓ ***Dancers need to arrive 10min before their rehearsal time*** to warm up and be ready to dance when called on stage
- ✓ ***Rehearsal is not in costume. Please wear dance attire and dress in warm clothing as it is usually chilly in the school.***
- ✓ Solos/Duets/Trios are **not run before the show**, but dancers may share the use of the stage after group rehearsals to space their routines.
- ✓ Dancers are responsible for bringing their own costumes. Costumes will be given out the week before Showcase.
- ✓ Show studio spirit by wearing A Frost clothing to the show!

Say Cheese!

We will be displaying group pictures of all team numbers at Showcase. **Pictures will be taken during Competitive classes the week of January 22nd.** We ask students to wear A Frost Clothing for class shots.

Tickets - \$10 for adults and \$5 for students and seniors

Tickets can be purchased at the door, or at the studio as of January 22nd. Doors will open at 1:30pm.

Please note: Not all competitive pieces are in the recital at the end of the year so please use this opportunity to invite friends, family and other dancers to see your competitive numbers.

Costumes

All Dancers are responsible for bringing their own costumes to Showcase, as well as each competition.

Costumes for group numbers will be given out at least a week before Showcase. **There are no males allowed in the backstage area as it is a changeroom. If you need someone to bring your child into the backstage space, please let us know by email at dance@afrostdance.com and we can arrange an older student to help out.**

This year's competitive make-up colours (which is the same as previous years) are as follows:

- Eye Shadow** - Cover Girl Dance Party or Maybelline Purple Icon
- Eye Liner** - Black- liquid for intermediates and seniors, pencil is ok for juniors
- Blush** - A rose color (try to stay away from bright pink)
- Bronzer** - a color that matches your skin tone
- Foundation** - a shade darker than your natural skin tone (blend into neckline)
- Lip Stick** - Covergirl Coloricious Lipstick – Euphoria or Eternal Ruby or Maybelline Colour Sensation – Pretty in Plum
- Fake Eyelashes** - (age 10 & up) no sparkles, brand and size is up to the student and parent (This is for students in the Intermediate and Senior classes)

As well, make sure to check with your dancer's teacher to see what style of tights and or footwear, jewelry that may be needed.

All students must have their own make-up for hygienic reasons. These products can be purchased from any department or drug store. A video tutorial will be available online with tips and tricks to hopefully make life easier on the day of the show.

2018 competition dates:

- **Terpsichore March 2nd – 4th in Mississauga.** It is held at the Living Arts Centre, 4141 Living Arts Drive, L5B 4B8. The competition has recommended the Novotel Hotel at 3670 Hurontario Street, (905) 896-1000.
- **This Is It April 13th – 15th in Belleville** at the Empire Theatre, 321 Front Street, K8N 2Z9. The competition recommends staying at the Holiday Inn Express at 291 Front Street.
- **Ultimate Dance Connection in Ajax May 4th – 6th.** This competition will be held at J Clark Richardson Theatre, 1355 Harwood Ave North, L1T 4G8.

** Schedules for each competition should be available 2 to 3 weeks before competition **

Rehearsal Sunday February 11th, at Thomas A Stewart Secondary School

(this is not the show order, no costumes are required for rehearsal, wear warm clothing for rehearsal)

Please do not show up before 9:00am

- 9:10 Senior 3,4 Jazz – Lucky Strike
- 9:20 Senior 1,2 Jazz - Power
- 9:30 Senior 1,2 Musical Theatre – Baby Bumble Bee
- 9:40 Senior 3,4 Musical Theatre - America
- 9:50 Senior 1,2 Tap – Can You Feel It
- 10:00 Intermediate 3,4 Contemporary – The Curse
- 10:10 Senior 3,4 – Representing all the Women
- 10:20 Senior 1,2 Contemporary – Hold Back the River
- 10:30 Intermediate 3,4 Jazz – Wildside
- 10:40 Senior 3 Contemporary – Hurt Me
- 10:50 Intermediate 1,2 Jazz - Faith
- 11:00 Intermediate 3,4 Tap – Don't Mean a Thing
- 11:10 Advanced Ballet - Numb
- 11:20 Senior Hip Hop - Clique
- 11:30 Intermediate 1,2 Contemporary – Butterfly Fly Away
- 11:40 Grade 5 Ballet - Paloma
- 11:50 Intermediate Foundation Ballet – In Mourning
- 12:00 Junior 3,4 Jazz - Monster
- 12:10 Intermediate 3,4 Musical Theatre – Coffee Break
- 12:20 Senior 4 Contemporary – Every Step
- 12:30 Intermediate Hip Hop – Pump It
- 12:40 Intermediate 1,2 Musical Theatre – Oh My God You Guys
- 12:50 Intermediate/Senior Hip Hop - Low
- 1:00 Junior 3 Ballet – Princess Tea
- 1:10 Junior 4 Ballet – Far Away
- 1:20 Mini Jazz Duet – Doo Wah Diddy
- 1:25 Mini Ballet Duet – Never Grow Up